

**CONNECTICUT ORTHOPAEDIC  
AND  
HAND SURGERY CENTER**

The following are general protocols applicable to patients of the practice. They may be supplemented or modified by your physician, based upon your individual medical condition or circumstances. As always, please contact your physician with specific questions.

1. Patients in casts or recovering from surgery or injury are advised **not** to drive or operate machinery or participate in dexterity requiring activities.
  2. We will prescribe pain medication as deemed necessary for post-operative patients and post-injury patients for a period of time deemed appropriate for the respective condition but not to **exceed ninety days**.
  3. Medication Prescriptions **will not** be refilled at night or on the weekend. Our office requires a **24 hour notice** for medication refills. Please provide us with the name and phone number of your preferred pharmacy.
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4. When sufficiently recovered, it may be helpful to take a driving test at the Department of Motor Vehicles to determine if you are able to resume driving.
  5. Under **no circumstances** should any patient on pain medication drive a vehicle, operate machinery or perform any activity requiring dexterity.

I have read the above general protocols. \_\_\_\_\_

**Signature of patient with date signed**

**NOTE TO PATIENT:**

In keeping with HIPAA (Health Insurance Portability and Accountability Act) regulations, this page will become a part of your permanent record with Connecticut Orthopaedic and Hand Surgery Center. If you would like a copy, do not hesitate to ask our receptionist and she will be happy to make one for you.